

A Freshwind Workshop

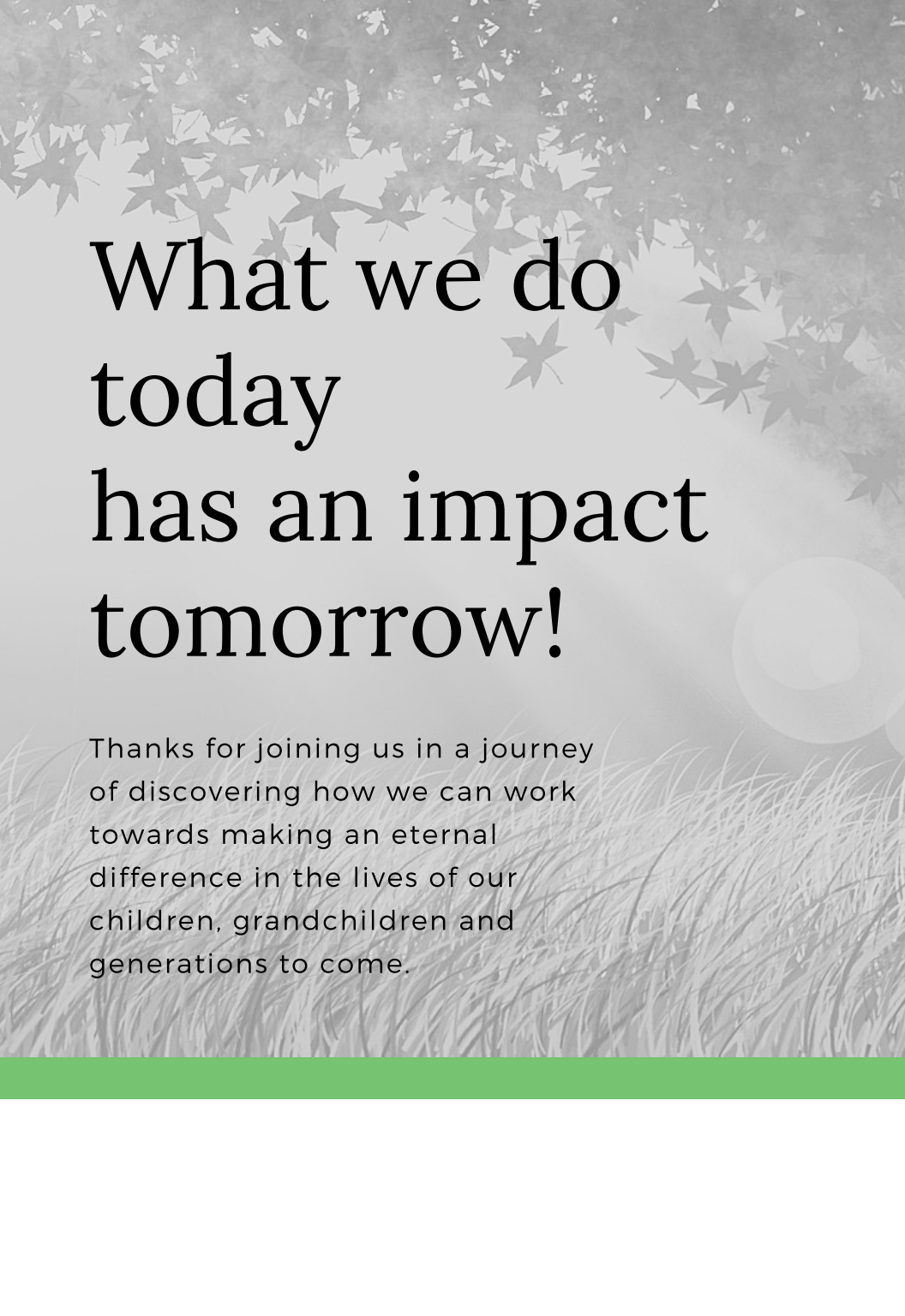


Intentional GRAND parenting

But blessed are those who trust in the Lord and have made the Lord their hope and confidence.

They are like trees planted along a riverbank, with roots that reach deep into the water. Such trees are not bothered by the heat or worried by long months of drought. Their leaves stay green, and they never stop producing fruit.

JEREMIAH 17:7-8

The background of the slide features a soft-focus image of maple leaves in the upper half and blades of grass in the lower half. A solid green horizontal bar is positioned at the very bottom of the page.

What we do today has an impact tomorrow!

Thanks for joining us in a journey of discovering how we can work towards making an eternal difference in the lives of our children, grandchildren and generations to come.

my personal

Family Tree





Social Legacy Check

1. Which words most closely resemble the social tone of your family? _____

- 1 Cruel and cutting
- 2 Cutting sarcasm
- 3 Chaotic and distant
- 4 Non-communicative but stable
- 5 Secure with open communication
- 6 Loving and fun

2. What was the message of your home life with regard to relationships? _____

- 1 "Step on others to get your way."
- 2 "Hurt them if they hurt you."
- 3 "Demand your rights."
- 4 "Mind your own business."
- 5 "Treat others with respect."
- 6 "Put others before yourself."

3. How were rules set and enforced in your home? _____

- 1 Independent of relationship
- 2 In reaction to parental stress
- 3 Dictatorially
- 4 Inconsistently
- 5 Out of concern for my well-being
- 6 In the context of a loving relationship

4. Which word best characterizes the tone of communication in your home? _____

- 1 Shouting
- 2 Manipulation
- 3 Confusing
- 4 Clear
- 5 Constructive
- 6 Courteous

5. How did your family deal with wrong behavior? _____

- 1 Subtle reinforcement
- 2 Accepted in the name of love
- 3 Guilt trip
- 4 Severe punishment
- 5 Discussion
- 6 Loving, firm discipline

RESULTS:

Above 24 Strong social legacy

19-24 Healthy legacy

14-18 Mixed legacy - good and bad elements

10-13 Weak social legacy

Below 10 Damaged social legacy



Emotional Legacy Check

1. When you walked into your house, what was your feeling? _____

- 1 Dread
- 2 Tension
- 3 Chaos
- 4 Stability
- 5 Calm
- 6 Warmth

2. Which word best describes the tone of your home? _____

- 1 Hateful
- 2 Angry
- 3 Sad
- 4 Serious
- 5 Relaxed
- 6 Fun

3. What was the message of your family life? _____

- 1 You are worthless.
- 2 You are a burden.
- 3 You are okay.
- 4 You are respected.
- 5 You are important.
- 6 You are the greatest.

4. Which word best describes the fragrance of your home life? _____

- 1 Repulsive
- 2 Rotten
- 3 Unpleasant
- 4 Sterile
- 5 Fresh
- 6 Sweet

5. Which was the most frequent in your home? _____

- 1 An intense fight
- 2 The silent treatment
- 3 Detached apathy
- 4 A strong disagreement
- 5 A kind word
- 6 An affectionate hug

RESULTS:

- Above 24 Strong emotional legacy
- 19-24 Healthy legacy
- 14-18 Mixed legacy - good and bad elements
- 10-13 Weak emotional legacy
- Below 10 Damaged emotional legacy

Spiritual Legacy Check

1. To what degree were spiritual principles incorporated into daily family life? _____

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Frequently
- 5 Almost always
- 6 Consistently

2. Which word captures the tone of how you learned to view / relate to God? _____

- 1 Absent
- 2 Adversarial
- 3 Fearful
- 4 Casual
- 5 Solemn
- 6 Intimate

3. How would you summarize your family's level of participation in spiritual activities? _____

- 1 Nonexistent
- 2 Rare
- 3 Occasional
- 4 Regimental
- 5 Active
- 6 Enthusiastic

4. How were spiritual discussions applied in your home? _____

- 1 They weren't
- 2 To control
- 3 To manipulate
- 4 To teach
- 5 To influence
- 6 To reinforce

5. What was the perspective in your home with regard to moral absolutes? _____

- 1 If it feels good, do it!
- 2 There are no absolutes
- 3 Let your heart guide you
- 4 Dogmatic legalism
- 5 Moderate conservatism
- 6 Clear life boundaries

RESULTS:

- Above 24 Strong spiritual legacy
- 19-24 Healthy legacy
- 14-18 Mixed legacy - good and bad elements
- 10-13 Weak emotional legacy
- Below 10 Damaged emotional legacy



Psalm 1

Oh, the joys of those who do not
follow the advice of the wicked,
or stand around with sinners,
or join in with mockers.

2 But they delight in the law of the Lord,
meditating on it day and night.

3 They are like trees planted along the riverbank,
bearing fruit each season.

Their leaves never wither,
and they prosper in all they do.

4 But not the wicked!

They are like worthless chaff, scattered by the wind.

5 They will be condemned at the time of judgment.

Sinners will have no place among the godly.

6 For the Lord watches over the path of the godly,
but the path of the wicked leads to destruction.

Jeremiah 17:7-8

7 "But blessed are those who trust in the Lord
and have made the Lord their hope and confidence.

8 They are like trees planted along a riverbank,
with roots that reach deep into the water.

Such trees are not bothered by the heat
or worried by long months of drought.

Their leaves stay green,
and they never stop producing fruit.

New Living Translation (NLT)

Roots



Grow Deep

Belief
Character

Identity
Purpose

Trunk

A photograph of a large tree trunk with a rough, textured bark. The trunk is the central focus, extending from the bottom towards the top. The background shows the branches and green leaves of the tree against a bright sky. Overlaid on the trunk are ten horizontal, dark grey lines, evenly spaced, intended for writing.

Stand Strong

Commitment
Communication

Appreciation
Faith

Branches



Produce Fruit

Right Teaching
A Good Name

Wisdom
Protection

a Clear Purpose

Deuteronomy 6:6-9

6 And you must commit yourselves wholeheartedly to these commands that I am giving you today. 7 Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. 8 Tie them to your hands and wear them on your forehead as reminders. 9 Write them on the doorposts of your house and on your gates.

New Living Translation (NLT)

Effective Strategies

Leverage Legacy - Legacy Principle

What we do today will directly influence a multi generational cycle of family traits, beliefs and actions – GOOD or BAD.

Pass the Positive -We GIVE what we LIVE.

Play the Odds - Likelihood Principle

In the context of healthy relationships, children tend to embrace the beliefs and values of their parents.

Define Normal - Lenses Principle

Our children need the corrective lenses of truth to navigate the deceptive road of life. We live consistently with what we believe even when what we believe is not true.

Remember real truth is NOT relative.

Go with the Grain - Learning Principle

Our children can only learn what we TEACH them in a manner that will REACH them.

We need to know how our kids learn best, and actually want them to learn.

SMART *Goals*

Specific (Spiritual)
Measurable (Memorable)
Attainable (Active)
Relevant (Relatable)
Time bound (Trust-building)

Set goals that motivate you
Make an action plan
Write it down
Set a date

Share Your Story

Our Stories are Our Treasures

Focus

Share significant moments from your life when your life trajectory changed dramatically.

Failures and Fractures

Be honest and open?

What hurt?

Do you still live with it?

How has it impacted you?

Future

How do you want to spend your remaining years?

What do you want your legacy to be?

Family

Who are your physical family members?

Who are your spiritual family members?

What were the relationships like?

How was it with Mom & Dad - siblings?

Faith

When and WHY you became a follower of Christ.

What prompted you to change?

How has it changed you?

Activities



Special Bents



References & Resources

It Starts at Home series on RightNow Media

It Starts at Home Book - Kurt Bruner-Steve Stroope

Activity building guides –

<https://www.heritagebuildersglobal.com/family-resources>

Leading your child to Christ

<https://static1.squarespace.com/static/557b3a74e4b0d260ca91bb75/t/5589cdc1e4b09ddbc396d543/1435094465730/leading-your-child-to-christ.pdf>

Prayer Guides

<https://christiangrandparenting.net/product-category/free-resources/>

Websites & Blogs

<https://grandkidsmatter.org>

<https://christiangrandparenting.net>

<https://www.heritagebuildersglobal.com>

<http://growingalegacy.org>

*The best present is being PRESENT
All we're really looking for is to be LOVED*

Listen to the HEART

Always think and focus on the BEST

The **SECRET** Formula

Enjoy your children/grandchildren
and LET THEM enjoy you!
Create an environment
where you have fun together.

BE INTENTIONAL



Intentional GRAND parenting